

UTHANDO (LOVE) SOUTH AFRICA PROJECTS

WWW.UTHANDOSA.ORG



Ulwazi Educare Centre

INDEPENDENT COMMUNITY DEVELOPMENT PROJECTS

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UTHANDO (LOVE) SOUTH AFRICA

UTHANDO means LOVE in Xhosa and Zulu, two of South Africa's 11 official languages.

Uthando (Love) South Africa "Uthando" is a Cape Town based Non Profit Organisation (NPO) and Public Beneficiary Organisation (PBO) founded on the 17th of October 2007. Uthando raises awareness, funds and other forms of assistance for a broad range of fully independent, innovative and inspiring grass roots, community based empowerment and development projects and charitable organisations.

Uthando shines a light on remarkable change-makers and activists who are engaged in vital community and nation building initiatives, whilst striving to provide assistance to these organisations.

The beneficiary community development projects are vetted by Uthando, independent, well managed and accountable. Money reaches the beneficiaries directly and is highly impactful.

Most community projects are registered Non Profit Organisations, but not all of them. Uthando is supporting a myriad of grass roots organic urban micro farms and choirs which have come to rely heavily on income from Uthando.

Uthando is working with and supporting organisations in the following sectors:

Organic urban agriculture, youth development through music, dance, singing or sport, animal rights and protection, skills development, early childhood development, protection for vulnerable women and children, LGBTQI+, feeding schemes, medical (eyes), disabilities, rural development, homelessness, and the environment. We are in the process of finding a project dealing with refugees since ARESTA closed its doors recently.

Through cherished partnerships, Uthando has helped to transform six Early Childhood Development Centres from informal structures into world class pre-school buildings in which quality education can take place. Organisations such as Ikamva Labantu provide teacher training and curriculum, ensuring a high standard of education is provided for the children.

Uthando runs "Educational Philanthropic Excursions" on week days Monday to Friday. The excursions offer an opportunity for visitors and / or potential donor stakeholders to engage with, learn from and be a partner to people and programs committed to positive change in their communities. The excursions also provide an opportunity for existing donors to visit the community projects which they have supported through Uthando.

We invite you to peruse this document, select a community project that resonates with your interests and passion. Donations can be done via the Uthando website, by EFT using bank details contained in this document or by contacting jamesfern timer@uthandosa.org

Uthando is inviting tourism companies to "adopt" a community development partner, and make monthly, quarterly or annual donations to those projects through Uthando. 100% of the funds are passed onto the recipient community project but Uthando facilitates to the relationship between community project and tourism stakeholder.

Full Name Uthando Social Development Projects, South Africa t/a as Uthando (Love) South Africa

Incorporated 17 October 2007

Company Registration number 2007/030289/08; Non Profit Organisation (NPO) Number 061-321; Public Beneficiary Organisation (PBO) Number 930 026 218

Income Tax number 9519014162 (Uthando exempt from Income Tax)

Physical Address: Office 5, Harfield Village Centre, 48 2nd Avenue, Harfield Village, Claremont, 7708 Tel : +27 21 683 8523



Board Members: James Fernie, Jon Campbell, Fiona Evans, Sharivan Moodley, Achumile Majija

Full-time staff: James Fernie and Xolani Maseko

www.uthandosa.org



FINANCIAL DETAILS

UTHANDO (LOVE) SOUTH AFRICA

Donations made to Uthando South Africa are Tax Deductible.

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Uthando bank details:

Name of Account Uthando Social Development Projects, South Africa

Bank: First National Bank, Branch code 201709

Address of bank 97 Long Street, Cape Town, 8000, South Africa

Swift / sort Code FIRNZAJJ (FIRSTRAND BANK LTD HEAD OFFICE)

Account number 62161218542. Type of Account Current account

Please email Proof of Payment to jamesfernies@uthandosa.org

Donations can be made online www.uthandosa.org

AMERICAN DONORS

Uthando South Africa has a “Fiscal Friend” in the USA since 2017, Art Aids Art (based in Altadena, California). www.lovingafrica.com

If you would like to do a bank transfer to Art Aids Art please contact Tom Harding tom@artaidsart.org or you can mail a cheque to:
Art Aids Art (91-2199364), PO Box 6483, Altadena CA 91003
Phone: (626) 497-7838

Physical Address:

Physical address is 2717 Santa Rosa Ave, Altadena CA 91001

Tom Harding: tom@artaidsart.org

(Please reference that money is for Uthando South Africa)

DIRECT WIRE TRANSACTIONS

A direct wire of cash would best be sent to Art Aids Art checking account, Here's the info:

Art Aids Art

Bank of America, Account: 02267-11148. Routing: 122000661

If there are stock funds to be sent to a brokerage account, that would be at Wells Fargo.

Please also copy jamesfernies@uthandosa.org in all correspondence relating to donations for Uthando South Africa through Art Aids Art



Ulwazi EduCare Centre constructed out of tyres and plastic bottles

"We are so incredibly proud of the truly inspiring, innovative, courageous, tenacious and hard-working community activists who are leading the myriad of community development projects that Uthando is working with and supporting. So often their efforts go unrecognized and unrewarded, so it gives us such joy to shine a bright light on their important work. Through our Philanthropic Educational Excursions, we introduce these highly impactful programmes and change-makers to visitors and potential donors, mostly tourism stakeholders and travellers. Honestly, if we could bottle the emotion that we experience on these excursions where we bringing visitors and locals activists together in a spirit of mutually beneficial learning and respect, and distribute those little bottles of love far and wide, I know that we would touch many hearts very deeply. We are so grateful to our partners, friends and benefactors for sharing this magical journey with us. May we all find inspiration from the words of our National Anthem, Nkosi Sikilel iAfrika of God Bless Africa– **James Fennie, Founder, Uthando (Love) South Africa**

"With life being a long lesson in humility', we are truly inspired by the incredible dedication of the many leaders and members of the community development projects Uthando is working with.

Their passion is our strength, through their commitment, we find hope! Thank you so much to our wonderful donors, friends and colleagues for the amazing on-going support to Uthando, this contributes to meaningful change in our communities. Enkosi kakhulu, your sense of care and love is truly appreciated." **Xolani Maseko, Uthando 2012 - present**



"In a year filled with uncertainty, desperation and sadness, Uthando continually sent rays of light and hope when we need them most and, without their unwavering and regular financial support, we would not have been able to provide the level of care and healing to our families that we did. Uthando is, beyond a doubt, Love." **Dwyn Griesel, Kronendal Music Academy (2021)**

"Uthando goes beyond tourism, they care" – **Mario Van Niekerk, Greater Commission United (GCU), Heideveld (2021)**

"As usual, Uthando let's us know loud and clear – "we are with you Abalimi!". Your little and big drops of love make huge ripples, even tidal waves and tsunamis. You are as always a very bright star in our sky." **Rob Small, Abalimi Bezekhaya (2021)**

"Uthando SA, whenever I think of you I become so emotional, I am not going to say much but thank you for not coming and going away in our lives, thank you for not being an observer in our lives but deciding to be a true participant. You have shown us Love, bhuti Xolani, thank you for being a role model to my boys., kwande apho uthathe khona (more blessing to you)!!"

- **Mama Yandi Mazwana, Masi Creative Hub**

"Do you have any idea how lucky Cart Horse Protection Association is to have you as one of our most dedicated supporters. We really cannot thank you enough for what you do for us."

- **Karin Paschen**



ABALIMI BEZEKHAYA "FARMERS OF HOME" (ORGANIC URBAN AGRICULTURE / FOOD SECURITY)

Abalimi Bezekhaya ("farmers of the home" in isiXhosa) is a non-profit, urban-farming organization, established in 1982. We teach people in the townships to grow vegetables organically through providing training, access to resources and infrastructure support. We also support with organisation building and market access so that farmers can sell their vegetables. The goal is to encourage organic food production for nutrition, health, food security and income generation.

Basic needs and approximate budgets

Abalimi Bezekhaya require core funding to be able to provide affordable and accessible training and support from our garden centres in Khayelitsha and Nyanga for local home and community gardens.

- Composted manure – they are currently paying around R10 000 for a truckload (10m3) of composted manure and need at least six loads a month.
- Resources such as seeds, seedlings and fertilizer – they pay around R20 000 per month for seeds, seedlings and fertilizer. This is obviously seasonal, with the biggest need during March to May and then again in July through to October.
- Field work support– covering overheads to be able to run the garden centres and provide support based on their five pillars (training, resources, market access, infrastructure and organisation development). Abalimi Bezekhaya also have two vehicles that they use for deliveries which they need to keep on the road and cover the significant increases in cost of fuel.
- Training bursaries - Training is valued at R930 per person for three days basic training, yet this is subsidized and the community members only pay R70 for this training course which includes meals, resources, training manual, practical and theory, as well as a certificate and start up pack. Abalimi Bezekhaya have seen a huge increase in the need for training post COVID from about 300 to over 900 people per annum.

www.abalimi.org.za





ALCARDO ANDREWS FOUNDATION (YOUTH DEVELOPMENT AND FEDDING SCHEME)

The Alcardo Andrews Foundation (AAF) was established in Hanover Park in 2015 in honour of a young man who lost his life through gang violence. With his passion for people, he dreamt of a peaceful and safe community without gangsterism. Driven by his mother and family, the foundation honours his vision and legacy through the AAF.

The foundation is a catalyst for change in a community subjected to social ills that include poverty, gang violence, substance abuse, unemployment, gender-based violence. Their main objective is "Healing Hanover Park Holistically".

AAF has four pillars namely:

- Moms Move 4 Justice: Support mothers that lost loved ones. It provides psycho-social support to progress from a point of pain to healing and purpose. And provides court support.
- Youth Program: Assists vulnerable youth from the ages of 8 - 20 through its workshops, after-school program, holiday program and healing therapy.
- The Fathers Heart Program: Provides direct psycho-social support and parent training for the fathers. Men who participated are currently playing a role in the community.
- Food Project: Operates from the Uthando Kitchen where meals are prepared, community members and surrounding areas are served.

Basic needs and approximate budgets

- Food Provision - budget R180 000
- Education – budget R30 000
- Development - holiday programme and camps R100 000

www.alcardoandrewsfoundation.org.za



AMY FOUNDATION (AFTER SCHOOL AND YOUTH SKILLS DEVELOPMENT)

Amy Foundation (formerly the Amy Biehl Foundation) is an NPO based in Cape Town, South Africa working to educate, develop and empower youngsters from challenged and vulnerable townships communities, keeping them away from the negative influences and turning them into emotionally well-rounded contributing global citizens who make positive life choices. They carry out After School, Vocational Skills and Youth Skills Development including entrepreneurial programmes.

Participants can enter programmes from primary and secondary schools and continue after leaving school until they become economically active. The various projects support over 1000 youngsters in their 4 after-school (ASP) centres based in the underprivileged communities, namely Gugulethu, Philippi and Bonteheuwel, and a centre for youth skills development (YSD) and training in Sybrand Park, with youth attending from all the various townships.

The ASP attempt to supplement the shortcomings of the educational system in the townships, while the YSD programme addresses the unacceptably high unemployment levels in these challenged communities.

Basic needs and approximate budgets

- * **Repair of the Amy Foundation Bus** which transports learners from home to their classes and back again safely, transports learners to their league matches and outings R236 000 once off – Branding opportunities available
- * **Purchase of a new vehicle** – The foundation's programmes have regained momentum and interest post COVID, and they are trying to increase the number of learners in their programmes and change more lives: R986 000 once off – Branding opportunities available
- * **Provide a hot meal to each learner once a week:** $1200 \times R10 \times 4 \text{ weeks} = R48\,000$ per month
- * **Sponsor 150** (target 600) Youth Skills development learners in a programme of their choice for a quarter : $R12\,000 \times 150 = R1\,800\,000$
- * **Sponsor 100** (target 1000) children in our After School Programme for the year = $R9\,000 \times 100 = R900\,000$

www.amyfoundation.co.za



BETTERCHOICE GUMBOOT DANCE (YOUTH DEVELOPMENT THROUGH DANCE)

Betterchoice Gumboot Dance is a community-based youth project established in 2012 by Eric Xezu based in Site B Khayelitsha. Betterchoice has 35 participating members of boys and girls, ages ranging from 7 to 15 years. The program focuses on teaching children Gumboot and Traditional style dance and offers a homework club to assist children with their studies.

The mission of Betterchoice Gumboot Dance is to provide children with alternative after-school activities to combat the influence of drugs, gang violence, and alcohol abuse, which runs rampant in the community. The program offers these vulnerable children a "BETTER CHOICE" by giving them a productive and creative outlet for expression and entertainment. The after-school homework sessions provide a safe, productive environment to pursue their academic goals.

Basic needs and approximate budgets



BRAVE ROCK GIRL (ADOLESCENT GIRLS AND YOUNG WOMEN)

BRAVE inspires and empowers girl leaders and collaborates with organizations and people who can provide the resources, knowledge, experience, and safety that girls need to lead. Seven alumni are now Senior Leaders in BRAVE, working with 90 adolescent girls from Manenberg. They provide personal and leadership development workshops, environmental education, access to mental health support and exposure to new experiences (outdoors and cultural history). In addition, they facilitate the production of media content by the girls and run the organization alongside a professional support team.

Their primary goal is to create safe spaces for underserved girls between the ages of 10-18 on the Cape Flats so they can become educated, resilient, and engaged girl leaders in their communities, schools, and their own lives.

Basic needs and approximate budgets

- **Care Packs** - Food and school supplies. Cost of food parcels for 90 families at R200 per family. School supplies stationery for 90 girls with the average cost of R1 000 per girl.
- **Activities Clubs** - BRAVE's activities includes book club, capoeira, swimming, dancing and hiking clubs. These activities are conducted (planned) twice or 3 times a month with small groups of girls. Cost per hike is R2000, which includes transport, meals and any entry fees that may be required.
- **Daring Disa** - An important part of the programme exposes the girls to nature reserves, biodiversity and fynbos. Cape Leopard Trust takes 25 girls on a 2-day camp. Costs include R1 000 per girl for hiking shoes and personal hygiene needs for the camp totaling R25 000.

www.brave-girl.org



CART HORSE PROTECTION ASSOCIATION (ANIMAL WELFARE)

The Cart Horse Protection Association (CHPA), a non-profit Cape Town based animal welfare organisation, was started in 1995 to improve the welfare of the working horses on the Cape Flats. The CHPA is established as a centre of excellence for working equine welfare in the Western Cape. Its mission is to promote the welfare of working horses and donkeys through service provision, legislation, education and training. It protects the working cart horses and donkeys from abuse on the Cape Flats.

Basic needs and approximate budgets

CHPA offers heavily subsidized feed, oat hay and 10% Romix, which costs over R1 000 000 per annum.

Farrier services are also heavily subsidized, charging only R100 for a set of shoes. Farrier services costs over R300 000 per annum.

CHPA have a Recovery and Rehabilitation Centre in Gordon's Bay where all the confiscated, neglected and abused horses are taken to, mended back to mental and physical health and hopefully find their forever homes through our adoption program. The Recovery and Rehabilitation costs over R1 600 000 per annum.

Annual budget is R9 650 074

www.carthorse.org.za



CHRISTEL HOUSE SCHOOL (EDUCATION)

Christel House is a global non-profit organisation with a single mission: to break the cycle of poverty. The organisation operates nine schools internationally (USA, India, Mexico, Jamaica and South Africa) of which the school in Cape Town, Christel House South Africa, is the only one in Africa. Established in 2001, Christel House offers no-fee scholarships to students from some of Cape Town's poorest neighborhoods and supports them for 19 years (Grade RR to Grade 12 and five years post-school) through character-based and career-focused education. The main criteria for entry into the school is a maximum average income of R1 500 per household member per month. They enroll 800+ students from grade RR (age 4) to Grade 12 (age 18), and support 220+ student alumni for five years post-school (up until age 23).

Basic needs and approximate budgets

Sponsor a Student – In addition to providing top-quality education, key aspects of their model include daily transport to school and back, professional health care, nutritious meals, psychosocial counselling, family assistance and career planning and support. Cost per student R69 775; cost per grade R4 186 500 and total cost R56 517 750 per annum.

Feed a student(s) – Each student receives a nutritious breakfast, lunch and two snacks per day. Given the severely impoverished homes that the children come from, the meals received at school are often the only food the child will eat that day. Cost per student R3,450, cost per grade R203 037 and total cost R2 795 000 per annum.

Stationery - Including pens, pencils, highlighters, erasers, paint & paintbrushes, rulers, chalk, workbooks, and calculators. They provide their students with all their learning materials to ensure that they have all they need to succeed. Cost per student R395; cost per grade R23 700 and total cost R316 000 per annum.

www.sa.christelhouse.org



DANCE FOR ALL SOUTH AFRICA DFA (SA) (YOUTH DEVELOPMENT THROUGH DANCE)

Dance for All South Africa DFA (SA) is a non-profit organization that empowers historically socio-economic children through dance training, which also enhances life skills, personal development and career opportunities. Since its establishment 31 years ago in the townships of Cape Town, DFA has been instrumental in training thousands of children helping them not only learn contemporary ballet techniques; but to develop self-esteem, discipline and motivate them to set goals to become responsible adults who are able to create and embrace opportunities. This is instrumental in creating positive social change.

Basic needs and approximate budgets

- Funds toward 12 teachers' remuneration in the following training programmes - Hip Hop, African Fusion, Contemporary, Ballet & Bridging Programme which costs approximately R1 800 000 per annum.
- Transport for Cape Town Outreach and Rural students and teachers daily classes, performances, workshops, tours which costs approximately R450 000 per annum.
- Meals for daily classes, performances, workshops, tours for Cape Town Outreach students and Rural Outreach which costs approximately R350 000 per annum.

www.danceforall.co.za



EKHAYA EKASI “HOME IN THE HOOD” CENTRE (WOMEN SKILLS DEVELOPMENT)

eKhaya eKasi “Home in the hood” Art & Education Centre is a non-profit organization based in Khayelitsha, Cape Town.

In support of the economic development of women and children through promoting education, well-being, and creativity, the centre serves as a community resource and oasis of hope for families impacted by extreme poverty. The centre has struggled with resources since the Covid-19 crisis and has scaled back some of its programmes such as the roof top garden.

Five women make beaded bracelets for Uthando and other stakeholders in the tourism industry. Please contact Uthando regarding placing orders for bracelets. The income generated from the bracelets goes directly to the women making them, so that they can support and sustain their families.

Basic needs and approximate budgets

The ladies would like to restart the feeding scheme feeding vulnerable people per week. Budget to restart feeding scheme per week:

- R600 gas
- R2 000 ingredients
- R400 detergents
- R1 000 stipends for volunteers



EZIKO “FIREPLACE” COOKING SCHOOL (CATERING TRAINING CENTRE)

Eziko Cooking and Catering School is a community-based project located in Langa, one of the oldest townships in Cape Town. Eziko acts as an entry-level skill center in catering and the hospitality field. Eziko specializes in food preparation and cooking courses, baking, and drinks service, preparing students for a career in cooking and catering.

A student body from previously disadvantaged communities within the greater Cape Town area, Eziko also has students enrolled from other African countries such as Angola, Zimbabwe, and Cameroon.

The school's six-month training program in basic cooking and catering skills facilitates in-service training to familiarize its students with first-hand work experience. Eziko assists in placing their students at well-known hospitality businesses such as Cape Town International Convention center, Cape Milner hotel, Sky Chef, Bidvest foodservice training, Caturra Coffee, and International Wine Education center.

Basic needs and approximate budgets

- Sponsor a student per course R15 000
- Chefs safety clothing per student R2400
- Ingredients for food R3500

www.ezikorestaurant.co.za



EYES2EYES FOUNDATION (THE GIFT OF SIGHT)

The Eyes2Eyes Foundation is a South African non profit organisation that helps patients with preventable corneal blindness. Blindness and severe low vision have a huge impact on the cycle of poverty and unemployment in our country, especially amongst our youth.

At Eyes2Eyes we believe no one should have to live with blindness when a solution is available. Imagine a young child not being able to attend school because their eyesight is so poor? Sight that cannot be corrected with glasses or ordinary contact lenses due to corneal disease. Public Health in South Africa does not fund the intervention these young people need. That's where Eyes2Eyes steps in.

Basic needs and approximate budgets

Since launching their Scleral Lens Program at the Groote Schuur Hospital Cornea Clinic, they have helped restored sight to 23 pairs of eyes. They have many, many more patients on the waiting list and each week, new patients are added. 90% of these patients are children or young adults. When they are first assessed, sight is limited to detecting hand movement. By fitting them with highly customized scleral contact lenses, that act as a prosthetic cornea, their eyesight is restored.

Total cost for two lenses is R25 455 per patient plus a 6 month maintenance home pack of storage and cleaning solutions for each patient, which totals R4 000.

www.eyes2eyes.org.za



FEED THE KHALTSHA ORGANIC GARDEN (ORGANIC URBAN AGRICULTURE / FOOD SECURITY)

Feed the Khaltsha (FTK) Organic Garden was established in February 2020 by Thapelo Xabanisa. The garden is located behind the Sibongile Day and Night Care Centre for children with cerebral palsy. The garden was started with the intention of supplying organic vegetables to the Sibongile Centre, providing the children with healthy organic vegetables and assisting the centre to save thousands of rand every month. The demand for vegetables in the area grew and as a result prompted FTK to also sell vegetables to the community at large. From the initial 3 beds of spinach, the garden has grown tremendously and is currently about 403m2 in size with a variety of seasonal vegetables being planted.

The team has extensive training and knowledge in organic agri-processes that include soil preparation, planting, and cultivation; sales and marketing as well as the core principles of permaculture making their garden more efficient and resilient.

Basic needs and approximate budgets

- Tools - R30 000 per annum
- Resources such as compost, seeds, seedlings - R20 000 per month
- Structure such as shade net, pack house, cement, poles, nails, sand - R20 000
- Stipend - R15 000 per month divided amongst 4 farmers
- There is a field adjacent to the current garden which is approximately the same size. The goal and vision are to start developing that land. Capital investment of around R200 000 is required.

www.facebook.com/FeedTheKhayelitsha



GHETTO GARDENERS (ORGANIC URBAN AGRICULTURE / FOOD SECURITY)

Ghetto Gardeners "GG" was established in 2018 by Ludwe Qamata C in Khayelitsha with the purpose of empowering young and old to grow and nurture organic vegetable gardens.

GG encourage positive change within community and household spaces by transforming community spaces into beautiful vegetable gardens. Ludwe's motto is "Carry the spade and walk us". GG is working with 7 community and household gardens, educating people and helping with cultivation, planting, maintaining and supplying garden inputs such as compost, seedlings etc. GG aims to grow a sustainable program that renders high quality training to the youth and help produce nutritional vegetables for community consumption and sale.

Ludwe and the GG team are based at the Sinovuyo Seniors Club and together with the seniors they grow fresh, organic vegetables for the club and the community. During the Covid-19 crisis, the garden produced good quality vegetables which Ludwe delivered weekly to the seniors in their homes.

Basic needs and approximate budgets

- Garden inputs – soil amendments (manure, composts & woodchips) as when needed; fertilizers; seedlings and seeds +-R2 000 per quarter. Rain gutter connection (rain catching to supply tanks); fixing of irrigation and borehole system, estimated costs R10 000 once off.
- Cargo Bike (custom made) –to help carry our bulk distribution, and gardening services, estimated costs R15 500 once off.
- Stipend – to provide weekly or monthly wage for one person, estimated cost between R3 000 to R3 500 per month.

www.facebook.com/imifunoifreshkasi



GOLDEN FLOWERS MUSEUM AND TOURS (ENTERPRISE)

In 1991, Mr Sonwabo 'Golden' Nongauza had a dream and vision of creating unique flowers out of tin cans from a dump site, thus was born the "Golden Flower". A craft centre in the township of Khayelitsha was established, turning waste tin cans into beautiful flowers. Mr Golden gathered cans and set to work with scissors and pliers; cutting, bending, rolling, gluing and thus creating beautiful flowers.

Together with his wife and children, Mr Golden created a hub-space in his home and constructed a colourful studio, where visitors can experience and learn how he transforms tin cans into a variety of flowers, such as daisies, roses, poppies, lilies, sunflowers and proteas. Currently the hub is managed by Mr Golden's children, he still makes the flowers in his home village in the Eastern Cape and transports them back to Cape Town.

Through his work Mr Golden Nongauza provides for his family and is a shining example of an entrepreneur, using his creativity, knowledge and skills to run a highly successful craft business in a community which has extremely high unemployment.

"Mr Golden Flower" has won several high profile awards and his work is known internationally. He has pioneered in bringing tourism into the townships and his story has been featured in newspapers, magazines and several documentaries. His flowers have been exported to England, Europe, America and Australia

Basic needs and approximate budgets

- Museum repairs – fixing the museum boards, wall painting and tiling. Estimated cost R5 000 (material and labour) once off.
- Production materials – glue, paints, craft brushes, fan to dry products. Estimated costs R3 000 as when needed, except for the fan (once off).
- Building material – rhino boards, sand, cement, crestone. Estimated cost R8 000 (including labour).

www.facebook.com/MuseumGoldenFlowers



GREAT COMMISSION UNITED (GCU) / MOTHER CITY KITCHEN

Founded in 2001, GCU has a long track record of work to bring holistic change. Among other things GCU provide; tutors, coaches, support, training, events and meals to schools and local community.

GCU's sister project Mother City Kitchen has cost effective, factory scale meal production. Thousands of daily meals are distributed to schools, sports events and other organisations in impoverished areas. Currently they are able to produce at least 4000 litres of soup daily as well as many other meals like our sandwich packs.

Basic needs and approximate budgets

- Foster Care Costs: R150 000 per annum
- Ingredients for feeding scheme: R1,5 million per annum
- 120 staff sports coaches / school tutors: R2,3 million per annum

www.gcu.org.za and www.motherscitykitchen.org.za



GCU (GOAL50 EDU HUB) (EARLY CHILDHOOD DEVELOPMENT (ECD))

In September 2022 Ulwazi Educare was officially opened. Built from 1700 tyres, 6000 plastic bottles filled with rubbish and 1600 decompressed film set waste bricks, the ECD is extremely impressive.

In October 2022 fundraising kicked off to build Goal50 Edu Hub, to be constructed with approx. 5000 tyres, 6000 plastic bottles filled with rubbish and 12 000 film set waste bricks. Goal50 will offer foundational education based on the Montessori principles and offer Jubilee Excellence Schools training in conjunction with Shiloh Education www.shiloh.org.za.

The construction of Goal50 Edu Hub will create up to 100 jobs, to be trained using sustainable building methods

Children at schools all over Cape Town will create the eco bricks by collecting plastic bottles and rubbish. This project will really capture the imagination of young people in Cape Town and inspire them to really focus on the challenges of litter and recycling.

Goal50 Edu Hub is highly visible from the N2 Highway driving, every single person driving into Cape Town will see this building being constructed from tyres, plastic bottles and film set waste.

Goal50 will also bring critical attention to the critical issues around early childhood development, education and combatting gangsterism by providing children with opportunity, nurturing and education.

Basic needs and approximate budgets

- R4 million required to erect the 5000 tyres wall of the school
- R12 million required to complete the entire school

www.uthandosa.org/goal50-edu-hub-fundraiser/



GREENPOP (ENVIRONMENTAL PROJECT - TREE PLANTING)

The Greenpop Foundation NPC is an award-winning registered non-profit organisation (NPO#: 151-411 NPO; PBO#: 930050622) headquartered in Cape Town, South Africa.

Greenpop work to restore ecosystems and empower environmental stewards through forest restoration, urban greening, food gardening, and environmental awareness projects across Sub-Saharan Africa.

Greenpop was founded in 2010 and has since planted over 200,000 trees and inspired over 356,000 active citizens across South Africa, Zambia, Malawi, and Tanzania.

Greenpop's vision is a TREEvolution - a world where people and nature thrive together

Basic needs and approximate budgets

Forest Restoration: Restoring and protecting forest ecosystems across Sub-Saharan Africa using an integrated ecosystem restoration and sustainable development approach. Their goal is to plant between 30,000 - 40,000 trees in 2023. Each tree costs R140, to plant, monitor and maintain.

Urban Greening: Increasing urban green space and nature appreciation in cities in Sub-Saharan Africa through indigenous gardening and environmental education. Their goal is to host 40 urban greening planting days in Cape Town in 2023. Join us for a planting day in Cape Town for R12,000 - R26,000.

Food Gardening: Increasing access to fresh produce for urban and rural communities in Sub-Saharan Africa through community and backyard gardens. Fund a group of 20 people to complete their Family Food Gardens training programme for a year for approximately R130,000.

www.greenpop.org



HANOVER PARK CRICKET CLUB (YOUTH DEVELOPMENT)

Hanover Park Cricket Club, is a cricket community-upliftment club, registered as a Non-Profit Organization (NPO) 176-964 & Public Benefit Organization (PBO) 930058963 based in the heart of an area called the Cape Flats, in Cape Town. We continue to strive to keep youth off the streets and away from the social ills like gangsterism, crime and drugs. This includes a cricket coaching programme at various schools with up to 6000 learners.

The purpose of the club is all about impacting the lives of the members by creating sustainable employment via coaching, administration, umpiring and management to help restore dignity and a sense of belonging and quality of life. Their various "Breaking Boundaries Interventions" are about exposing our young talented players (boys and girls) to the international arena and to give them an opportunity of a lifetime to develop all their skills, travel abroad and to become well rounder individuals.

Basic needs and approximate budgets

- 2 Vehicles x 16 Seater: R 490 000 x 2 = R980 000 (once off cost or donated in kind).
- Cricket Equipment: R 90 000 Annually
- School Cricket Coaching Programme: R 300 000 Annually

www.facebook.com/Fishrite-Hanover-Park-Cricket-Club-221483331777699



HOME FROM HOME (HOME BASED CARE / VULNERABLE CHILDREN)

Home from Home (HfH), a non-profit organisation, has provided cluster foster care to vulnerable children in the Western Cape province of South Africa since 2005. The organisation has expanded over the years and now runs 36 homes across 16 communities. This translates into nearly 200 children receiving specialised support and supervision.

In South Africa, where the numbers of orphaned, abandoned and neglected children are staggering, it is crucial to tap into the natural resilience, hope and sense of community that exists. The African philosophy of Ubuntu, of being interconnected and sharing sense of compassion and community is at the core of their purpose in building loving families.

Providing a second chance at a loving family – Loving Family Homes

This programme is the foundation of all the work with children at Home from Home and is where they create a second chance for vulnerable foster children to experience family-style life. HfH provide a comfortable and safe home in the communities from which the children originate and employ staff that speak the children's language and understand their culture.

Basic needs and approximate budgets

- Educational Providing a Loving Family Home for vulnerable foster children:
R250 000 per house per year
R41 666 per child per year
- Providing Educational Support for vulnerable foster children:
Basic Education: R7 500 per child per year
Additional Education Support: R5 200 per child per year

www.homefromhome.org.za



IKHAYA “HOME” CULTURE GARDEN

Ikhaya “Home” Kulture Garden is an urban food forest established in 2013 by Xolisa Bangani, an artist who has a vision to showcase gardening as landscaping art. Based at the Isikhokelo Primary School in Khayelitsha, the project focuses on promoting and practicing agro-ecology and biodiversity. The garden and space provide the community with the necessary gardening skills and information on healthy living and organic farming.

Ikhaya Garden comprises of 3 members working in the garden under the leadership of Xolisa. They have expanded their activities to include provision of seedlings and compost for household gardens in the community. They also established a program uniting local organizations focused on social development and urban agriculture to work together and share resources and ideas.

Ikhaya Garden promote upcycling & environmental awareness: education on the importance of re-using and recycling material that would otherwise be discarded as waste; creating & organizing community events. The garden is one of 10,000 in Africa that is part of the “Slow Food Movement”, The garden hosts festivals & events, workshops & food markets such bringing together the locals with businesses, entrepreneurs, professionals and people in the food industry.

Basic needs and approximate budgets

- Garden inputs – manure, composts (foil soil feeding) & woodchips (for walking path and trays of seedlings and seeds (those in season) +-R1 500 per month.
- Stipend – to provide weekly or monthly wage for one person, estimated cost between R3 000 to R3 500 per month. (R10 500.00 in total per month)
- Wifi – monthly costs of connection R500, assist with internet connectivity.

www.ikhayagarden.wixsite.com/ikhayagarden



INSTITUTE FOR MUSIC AND INDIGENOUS ARTS DEVELOPMENT (IMAD) (EDUCATION AND YOUTH DEVELOPMENT)

IMAD teaches music at Eluxolweni Primary School in Khayelitsha, at York Road Primary School in Lansdowne, and at a music community school in Khayelitsha. Music isn't on the curriculum at schools in these disadvantaged areas of Cape Town, and so IMAD is providing these young people with the opportunity to develop a talent which will stand them in good stead throughout their lives.

IMAD have weekly trumpet, trombone, saxophone, piano, guitar, bass guitar and drum lessons. They have choirs at the two primary schools, and there are bands at all three schools. All the bands and choirs perform at IMAD's annual year-end concert, at events in their local communities, and at the Artscape Theatre in Cape Town. Their focus is on teaching and playing South African jazz. The young people from these music schools are able to graduate to the Little Giants youth band, IMAD's standard bearer.

This year they are teaching over 100 young people. In addition, we employ 12 music teachers from these same disadvantaged areas, and so they also provide employment in these difficult economic times.

The Little Giants youth development band is celebrating its 22nd anniversary this year. More than 250 young people have graduated through its ranks. Most of them have gone on to become professional musicians and/or music teachers in South Africa and overseas.

Basic needs and approximate budgets

- Sponsorship of one of our young musicians: R7,500, \$450, £475 or €450 per year.
- Sponsorship of one of their music teachers: R16,400, \$1,000, £1,050 or €1,000 per year.

www.imad.co.za



ISIBANE SE AFRIKA “THE LIGHT OF AFRICA” (YOUTH DEVELOPMENT / CHOIR)

Isibane se Afrika is a 52 member “Choir for Change”. Founded in Khayelitsha by Andisiwe Gaqa, the choir gets local youth off the streets - and away from drug and gang culture - and gives them the chance to belong to something positive and uplifting. Choir and junior choir members range in age from 5 up to 35 years of age.

The choir is a registered NGO, and use the funds raised through performances to uplift the local community in Khayelitsha through song, dance, performance and soup kitchens.

The group regularly performs for corporate events, weddings, tourism gatherings with performance including a wonderful mix of singing, dancing, drumming and crowd interaction. A major highlight in the group’s history was performing for the Duke and Duchess of Sussex, Prince Harry and Meghan, during their state visit to South Africa in 2019 and Sir Richard Branson in 2022.

“Isibane se Afrika” literally translates as “the light of Africa”, and the group is powered by a desire to uplift, empower and bring light and hope to their fellow community members.

Basic needs and approximate budgets



www.isibaneseafrika.org



ISESEKO “THE FOUNDATION” EDUCARE CENTRE (EARLY CHILDHOOD DEVELOPMENT (ECD)

Isiseko, “The Foundation” in isiXhosa Center, is an Early Childhood Development Center (ECD) non-profit organization located in the Mfuleni township.

Founded in 2000 by the beautiful and warm, Mama Zoliswa Siko, Isiseko caters to more than 160 vulnerable and under-privileged children in the community. The Educare centre serves as a safe, nurturing environment for the children to receive pre-school education up to Grade R and an after-school supervision facility. The classes are divided into three sets of age groups ranging between 0-18 months, 3-4 years and 5-6 years, under the care of a team of 7 qualified ECD teachers, alongside the principal.

The educators receive ongoing support and training from Ikamva Labantu – a large and reputable local NGO, which supports the ECD’s center, through ongoing teacher training and other developmental support. With the assistance of cherished partners and donors, Uthando helped transform the center, from a small government house and an informal wooden structure, into a world-class educational facility which officially opened in 2015

Basic needs and approximate budgets

- Monthly salary costs: R33 000
- Food / Water & Electricity: R10 000
- Annual Insurance on ECD building: R7 065



JAMES HOUSE (CATER FOR DESTITUTE AND VULNERABLE CHILDREN)

James House was established in 1986, initially as a feeding project for poor and vulnerable children in Hout Bay, Cape Town. James is the name of the first child helped and the organisation was aptly named after him. Today, James House is recognised for child protection services and care and development programmes. This work is implemented in the urban townships of Hout Bay and the rural communities of Matzikama (300 km from Cape Town).

James House's vision is for a society where all children can be children, living free from violence, neglect and any form of abuse; where all children can be educated and developed to realise their future potential. Their mission is to advance the rights and potential of children by delivering relevant services and programmes in the immediate environment (home, school & community) of the child, and working in solidarity with communities to drive broader social change.

The organisation is structured around three interrelated Programmes:

- Education & Development, where we create and facilitate spaces for children to be children, to be supported to progress in school and develop their potential.
- Community Engagement, where we work with community groups, networks and stakeholders to influence attitudes, behaviours and practices.
- Families Support, where we support parents/guardians to strengthen the family and improve household living conditions.

Basic needs and approximate budgets

Currently, James House has 200 children (and their families) in its direct care. The annual costs (excluding salaries and overheads) are around R5,400 per child (R450 per month). This includes daily meals, transport, equipment, school clothing, non-perishable food hampers and costs for special events. The total annual costs = R1,080,000

- Food R500,000 annually
- Transport R100,000 annually
- Equipment R100,000 annually

www.jameshouse.org.za



JIKELEZA “TURN AROUND” DANCE PROJECT (YOUTH DEVELOPMENT DANCE)

Jikeleza is a community outreach and development project located in one of the most deprived township neighborhoods in the Greater Hout Bay area, primarily based at Sentinel Intermediate School registered in December 2003 as an NPO. The project uses various jendres to stimulate the children. Currently we have Ballet, Drama , African Dance , Marimba and African Drumming. The children are from the informal settlements of Imizamo Yethu and Hangberg. The project works as a community partnership to address a wide range of social issues (poverty, neglect, violence, drugs, HIV/Aids, poor educational attainment and unemployment)

Jikeleza is rooted in the very center of the South African context as it works across and between so called Coloured and the so called Black African communities who have suffered historical deprivation and exclusion in an area of acute inequality.

Objectives that it wishes to achieve:

- Making use of dance and music to raise awareness around topical social issues
- To create positive role models for the youth at risk
- Provide performance opportunities for young dancers and musicians
- Host artistic workshops during the year conducted by guest teachers subject to Funding

Basic needs and approximate budgets

- Sponsorship for our various weekly classes – 4 x teachers @ 1 lesson in each Jendre @ R 450 per session per week = R 1 800 per week x 4 per month = R 7 200
- Sponsorship for feeding scheme for the children when they attend class on both days in the form of a fruit and bottled water = R 300per week x 4 weeks = R 1 200
- Equipment repairs of Drum Skins = R950 per drum – can be done in batches of 10

www.jikelezaprojects.co.za



KHAYELITSHA YOUTH CHOIR

Khayelitsha Youth Choir (KYC) was formed in October 2018 by Mihle Mtshana with a goal of empowering young people in Khayelitsha by providing educational and social support through music and choir singing.

KYC has more than 60 members ranging in ages from 14 years to 28 years, singing mostly traditional choral music but also pop & soulful cultural music. The choir performs at events around their community such as weddings, choir competitions and church services. The choir is a haven for their members, providing a safe and nurturing space for them as many face trials and tribulations in their community.

Since establishing a relationship with Uthando in 2021, the choir has had the pleasure of performing alongside one of South Africa's legendary and iconic artist PJ Powers and her band at the 25th birthday celebration of the Table Bay Hotel and at the We Are Africa trade show in March 2022.

The choir is available for performance of any nature or function.

Basic needs and approximate budgets

- Jembe (musical instrument) R3 000
- New Uniform R30 000
- BAND (collection of instruments eg, guitars, drums, keyboard etc.) R 60 000



KHUMBULANI “TO REMEMBER” CENTRE (ECD / HEALTH, EDUCATION CENTRE)

Khumbulani Centre was the very first project visited by James Fernie, the Founder of Uthando back in 2007 when Uthando was being launched. Mama Gloria, her deputy Nondumiso Xintolo and the centre hold a very special place in Uthando's hearts.

Khumbulani is a non-profit organisation based in Khayelitsha townships. It was initiated in 2000 by nine women from the area, who wanted to take action against the HIV/AIDS pandemic affecting the community around them.

Their mission is to protect the vulnerable, especially children, and to empower the community as a whole and families in particular to be better able to protect and support their children. They are also focusing on networking with other providers for the benefit of children.

Khumbulani has a staff of 24 and is impacting 260 children. They run the following programmes:

- Early Childhood Development / Day Care for 260 children
- After School for 150 children (offering education and life skills)
- Adult support and empowerment group (mostly women impacted by HIV) reaching 200 people between various adult programmes
- Youth programme (facilitate treatment / intervention for substance abuse)
- Vegetable garden and soup kitchen (especially for people impacted by HIV / AIDS)

Basic needs and approximate budgets

- R12 000 food per month
- R4 000 electricity for the centre
- R2 000 gas for cooking per month

www.khumbulani.com



KIDDIES EDUCARE (ECD EARLY CHILDHOOD DEVELOPMENT)

Kiddies Educare centre was established by the warm and wonderful principal, Margaret Makhafola, who opened her doors to children in need of daycare, under the age of six. With a focus on the children's well-being, Margaret invests in the education and development of her four permanent staff members and one student assistant. They cater and care for 35 children. She believes that adequate guidance and supervision is the key to unlocking every child's potential in the classroom, home, and for their future.

In 2012, together with SAEP, Uthando provided the funding for transforming a decrepit informal shack structure to a double-story brick building that houses the Kiddies Educare center today.

Basic needs and approximate budgets

Monthly running cost

- R12 000 for salaries
- R5 000 food
- R5 118 Annual Insurance of the school building
- R20 000 per annum maintenance on the school



KRONENDAL MUSIC ACADEMY (KMA) (YOUTH DEVELOPMENT THROUGH MUSIC)

Kronendal Music Academy is a music school with a difference, where the healing power of music provides a stimulating space for children to spend their afternoons. Pupils also receive hands-on school homework support, a nourishing meal, safe transport, and access to an on-site social worker. Their award-winning Music Course, Pupil Wellness activities, Psycho-Social Support and Stay-In-School programmes, combine into a powerful tool to ensure they are covering as many aspects of each child's growth as possible.

Their methods instil emotional and cognitive skills which will give young people the edge in any interview situation, the resilience needed when dealing with life's setbacks and stresses and the opportunity to break out of the cycle of poverty and, ultimately, raise their own children differently. KMA serves impoverished youth of all genders (aged 7 - 20) from the "coloured" community of Hangberg fishing village and the "African" community of Imizamo Yethu informal settlement.

Poverty, unrest, gangsterism, drugs and other social ills are rife in these underprivileged Hout Bay communities, which are marginalised geographically and economically, vulnerable to shocks and fragility, and subject to unreliable governance and on-going discrimination. In KMA's peaceful, safe and nurturing afternoon environment music tuition facilitates healing processes where children are listened to, without judgement and can set goals, to dream and to thrive, despite the circumstances that they were born into.

Basic needs and approximate budgets

- Full Programme for 1 pupil for 1 year R35 000
- School Bus and Driver R100 000/year
- Feeding Scheme Programme R200 000 / year

www.kmahoutbay.org



LADLES OF LOVE - FILL A POT (FEEDING SCHEME)

FillaPot is our feeding programme, which procures and provides bulk vegetables, grains, pulses and essential ingredients to their network of over 200 community soup kitchens in both the Western Cape and Gauteng. Their distribution centres in Epping and Wynberg, Johannesburg procures and packs pallets of food tailored to meet the needs of each kitchen for collection twice a week. These NPOs or Community Leaders, are mostly unemployed women living in poverty-stricken communities, who opened soup kitchens in their homes during lockdown. With the help of their families and neighbours they manage to prepare, cook and feed thousands of people, on a daily basis.

Since the start of Covid in 2020, Ladles of Love have established and grown this programme to supply food for over a million meals a month. Between March 2020 and October 2022 the food they distributed amounted to 32 million meals.

The Ladles of Love operations team work tirelessly to ensure cost efficiencies and together with their administration department, manage the ordering, receiving and dispatch of food meticulously. Coupled with what they procure, the donations of food products are tracked and recorded to provide a holistic view of meal counts.

Basic needs and approximate budgets

- Food is provided to serve 900,000 – 1 million meals a month
- Feeding Programme costs R1, 250 million a month to sustain
- Over 200 soup kitchens (many have subsidiaries) are supported by Ladles
- Gift certificates can be purchased on the website, for every R200 purchased it equates to one pot that can feed 100 meals

www.ladlesoflove.org.za



LEARN TO EARN (SKILLS DEVELOPMENT)

Learn to Earn (LtE) is a not-for-profit human scale development organization. They have a 33-year performance history, providing successful interventions to the challenges of unemployment. Their work focuses on developing people through holistic skills training, job creation and enterprise development and has been effective amongst the most vulnerable populations, particularly those with limited education, skills, social and economic opportunities as a result of the legacies of injustice in South Africa.

Since inception in 1989, they have trained more than 17 000 unemployed adults in market relevant skills. With their motto of 'a hand up – not a hand out,' they provide programmes that recognizes human dignity and the human right to live a meaningful life, and assist individuals to regain their self-respect. They do this by empowering them to provide for themselves and for their families. Over the last decade, they have maintained an over 75% success rate of previously unemployed people becoming economically active or given access into further education. Of those economically active, over 32% have started their own businesses.

Basic needs and approximate budgets

- Co-funding for development of unemployed people - at either LtE campus. The per person costs range between R7 300 (Business Essentials) and R41 000 (Graphic Design).
- Building repairs – campus-specific repairs include roofing and other maintenance at a combined cost of R250 000.
- Funding for specific training equipment or materials – Purchasing of tools & equipment for the upgrade and replication of their Handyman course (R57 000). Contribution towards training products (e.g. oil, eggs, sugar, milk etc) for the Bake for Profit course at a cost of R475 per student x 18 per class etc.

www.learntoearn.org.za



MACASSAR POTTERY (SKILLS DEVELOPMENT / POTTERY STUDIO)

Macassar Pottery is the flagship of an extensive community transformation process in Macassar, Cape Town. Within the business, they upskill, employ, and incubate un-schooled youths who, incidentally, make up 50% of all young people in South Africa.

Macassar Pottery offers learnerships and on-the-job training to help young people become employable, productive citizens.

With the ceramics, creative tourist, and team-building experiences, the program helps their supporters discover beauty in unexpected and even unlikely places. National reconciliation and restitution are big concepts. Macassar Pottery breaks it down to the marketing and selling of quality products from a marginalized community. A moment of connection and integration forged with each product sale; in the end, making a new kind of society possible.

Basic needs and approximate budgets

- Training centre - Macassar Pottery needs to acquire a permanent home for their design and outreach centre. They are looking for 1000 changemakers to make a donation of R3000 (USD165 or 170Euro) to help realise this dream.
- Contribute to the training of one youth for a year of on-the-job training at the cost of R6000 per year (USD340 or 330 Euro) / R500 per month
- They are developing an accredited curriculum for young ceramic factory workers who have not completed school. This certificate can be the bridge that brings them back into formal education. Development cost is R30 000 (USD1650 / 1700 Euro). Once accredited they can establish a formal ceramic school that is self-funded to get more youths into jobs.

www.macassarpottery.com



MAJOR VOICES CHOIR (YOUTH DEVELOPMENT / CHOIR)

Major Voices is a 9 member male choir established in 2012 in the township of Khayelitsha. They have the mission to use music to empower and motivate their community against crime, unemployment, and drugs. Growing up in a challenging and underprivileged environment made them want to initiate change around them by taking to the streets with songs and dance. Performing together helped them make better decisions in life, so they strongly believe that teaching kids about music and arts will help them grow on the right path despite the harsh surroundings.

The choir is mostly known for performing Isicathamiya (traditional African A cappella mixed with dance) but they perform a wide range of genres. They like to mix dance styles and incorporate a variety of different instruments into their performances, including djembe, guitar, drums, piano, bass guitar and marimba.

Basic needs and approximate budgets

- Uniform – They would need : 9 dashidas (R2 700), 9 black trousers (R1 800) and 9 pairs of white tekkies (R3600). The total amount of R8 100 would allow them to leave their teared uniform for a new one and get appropriate shoes to perform.
- Music instruments – They would like to have their own djembe (R2 000) and a set of marimba (R8-10 000) in order to be more independent and freer to create and perform when they need to.
- White house project – The white house is a very dilapidated community house that Major Voices uses as a center to rehearse and involve kids with their art. They believe that with R6000 they can proceed to a good cleaning and basic repairs/maintenance.

www.majorvoices.co.za



MAKUKHANYE “LET THERE BE LIGHT” ART ROOM (TOWNSHIP THEATRE)

Makukhanye Art Room, which translates to “Let There Be Light,” in isiXhosa, is an award-winning ‘shack theatre,’ based in an informal settlement the township of Khayelitsha. It is a division of the Theatre 4 Change initiative established in 2010, providing a creative platform and educational space for diverse groups of talented artists. It serves as a valuable gathering space for dramatic productions, dance recitals, educational workshops, mentorship programs, and community meetings.

The non-profit organization Makukhanye Art Room provides a space for artists that have difficulty accessing the cultural infrastructure that otherwise exists in Cape Town's city center. It is a place to practice their craft and heal their communities through creativity and education.

The focus is on expression and skills development. Makukhanye Art Room runs several programs that enable every willing individual to access their creativity and deliver high-quality, award-winning performances.

Basic needs and approximate budgets

- 80 new chairs for theatre: R6000
- Maintenance materials for the theatre: R12 500
- Soup kitchen (Monday, Wednesday and Friday feeding 150 to 250 per day): R1 000 per week for ingredients and gas



MASIBULELE “GRATITUDE” EDUCARE (EARLY CHILDHOOD DEVELOPMENT)

The school's passion is to educate their children with love and kindness, to inspire them to dream beyond the walls of Khayelitsha. They're a family-run school, so they treat their children, staff and friends like part of the family.

Masibulele (isiXhosa for ‘thank you’) opened in 1995 by Ms. Thandi, the name was chosen to thank the families who trusted their children with her. In 2015 her daughter, Nwabisa became principal. She continues to lead with a sense of love, care and development. The school has been home to +80 children yearly.

The school is grateful that in 2019 it was transformed with support from their partners, Uthando, LivCurious and other helping hands.

Basic needs and approximate budgets

- Building infrastructure - R18 918 - Total
As things wear and tear with so many children and the space needs to be the safest so the needs of our little ones can be filled wholeheartedly we require:
R7 418 - Water drainage system installed
R1 500 - Fix stairs
R5 000 - Rain cover
R5 000 - Fix classroom walls
- Skills sharing - R12 000 - Training and workshops for 1 year
We believe in uplifting our staff, we connect our teachers with opportunities
- Teachers Value-Increase salaries by R1000 a month = R8 000 for 8 staff (x12 months= R96 000)

www.masibulele.org



MASI CREATIVE HUB (YOUTH DEVELOPMENT)

Masiphumelele Creative Hub (MCH) is a South African non-profit organization (191-408 NPO) that was founded in 2017 with the mission to provide a safe, supportive, and educational environment where community members can use the power of creativity and art to overcome their daily challenges.

Masiphumelele Creative Hub feeds 1000+ Masiphumelele children through its community feeding program, mentors sixty children through its Dignity Boys and Girls Club program, and provides job opportunities to thirteen youth members.

Basic needs and approximate budgets

The Masiphumelele Creative Hub requires funding for its daily operations and for the success of its programmes that serve the community.

- Funds towards renting office space that costs R1600 per month, R19 200 per year.
- Funds towards the four operations team members-R20 100 p/m, R241 200 annually
- Grocery for MCH's community feeding programme that serves cooked meals to more than one thousand children in the community. MCH spends R5 300 per month on groceries, which costs R63 600 annually.
- Composted manure for community gardens—R10 000 per 12 cubic meter truckload. MCH requires three truckloads of compost, which costs R30 000 annually.
- Support for Dignity (boys & girls) club programme excursions and sessions-R61 440 annually
- Funds towards Masi Creative Hub's six Nourished Child Ambassadors executing community outreach programmes about healthy nutrition (R24 000 p/m, R288 000 annually).

www.masiccreativehub.org



MDZANANDA ANIMAL CLINIC (ANIMAL WELFARE AND SHELTER)

Mdzananda Animal Clinic is a veterinary council registered, NPO animal clinic and shelter based in the heart of Khayelitsha, an impoverished township home to an estimate of 1 million people and 300 000 companion animals.

Founded in 1996 by a community hero, the clinic is the only access to veterinary and welfare services in the community helping close to 1500 animals per month, primarily dogs and cats. Without them most animals won't have access to medical support as private care is too expensive. Animals would live lives of pain and even die.

They also provide shelter to abandoned pets, assist with abuse and neglect interventions and perform humane education. They have a strong focus on community empowerment and education. A community that loves animals is a healthy community. Caring for an animal teaches responsibility, respect for life, compassion and non-violence. These are valuable attributes which flow into everyday life.

Basic needs and approximate budgets

- The clinic charges only R150 for treatments even if an operation costs us R6000. Many people Operational costs cover - the clinic charges only R150 for treatments even if an operation costs them R6000. Many people cannot afford even this small fee.
- Medication costs – costs close to R2.4 million per annum and without medication, no treatments or operations can be done.
- Veterinarian costs – their five veterinarians cost R1 million to employ per annum.
- Food for patients and shelter animals - costs close to R50 000 per annum.
- Treatment costs - every animal that enters their doors is sterilized, vaccinated, dewormed and treated for fleas and ticks costing R555 per animal.
- Care services - caring for one homeless pet for his/her first two months costs R1450. Some pets stay up to a year before finding a home. This comes to a total of approximately R435 000 per year excluding overhead and staff costs.

www.mdzananda.co.za



MOYA WE KHAYA 'SPIRIT OF HOME" (ORGANIC URBAN AGRICULTURE / FOOD SECURITY)

Mama Christina Kaba, Abalimi's farming movement leader, founded Moya we Khaya meaning "Spirit Of Home" in isiXhosa, in 2014. One hectare in size, the farm is situated next to the Manyanani Peace Park in Khayelitsha, the first-ever community park established in the townships of Cape Town in 1995, also led by Mama Christina Kaba. Moya comprises approximately 10 micro-farmers.

Moya promotes healthy living through the production and consumption of organic vegetables, to help the community access and afford organic vegetables and provide a learning and training environment. Moya produces a variety of seasonal organic vegetables. A portion of the vegetables are sold as veggie boxes to individuals and families locally in the townships, affluent suburbs, vegetable markets, restaurants & hotels in Cape Town. Vegetables are also donated to seniors, pre-schools and other destitute and vulnerable households. Each member of Moya farm feeds their families with the vegetables grown in the garden.

Moya Garden have an intake of young people studying agriculture at college for a period of 3 months per year providing them with practical knowledge and skills. Moya plans to expand their garden activities to include a packshed and a community hospitality training centre to get more people, especially the youth involved in urban micro farming.

Basic needs and approximate budgets

- Seedlings (seasonal): R5000.00 per quarter
- Organic Manure (twice a year - Winter and Summer) Master Kraal manure (20 cm³) - R15 000.00
- Hedge pruning: Summer and Winter- R3000.00 per season (R6000.00 annually)
- Bounce back organic fertilizer R280.00/bag for 11 farmers= R3080.00
- Soup kitchen: Stipend for 2 people that will cook for R1500. 00 monthly
- Infrastructure projects / Irrigation system / installation Irrigation / Shade cloth



NEIGHBOURHOOD OLD AGE HOMES (NOAH) (CARE FOR SENIORS)

NOAH co-creates a thriving, interdependent community where elders live with a sense of purpose, belonging, contribution and hope. NOAH offers access to communal housing, health services, community-building and enterprise development. With a greater sense of freedom, elders are able to take up their rightful role in society.

NOAH has a 41-year, credible track record of providing services to the elders of greater Cape Town. NOAH is innovating new approaches to ageing and ensuring that those who have suffered most have an opportunity for self-discovery, healing, inclusion and participation in society.

Despite their limited income, their elders have their basic needs met, have a sense of esteem and purpose, and contribute to their own families and community.

Basic needs and approximate budgets

Operational costs – R150,000/1.5% of budget:

financial management, programme development, monitoring and evaluation for effective, efficient operations and impact

Programme costs:

Home – 120 residents - Adopt-a-House - R75 000 per house - maintenance, renovation and compliance for safe, secure, dignified living

Health

15 Community-based care members – R12,000 per person per year ensures that those less independent can remain where they are for as long as possible

2 Clinics – 600 members - R500 per person per year ensures that elders receive the vital primary health care and wellness support needed to remain healthier and active for longer

Happiness – 200 elders and 2 community centres – R2000 per person per year ensures that elders remain connected, active, purposeful, contributing and independent through guided activities, income-generation, food gardening and healing

www.noah.org.za



NONCEBA "CONCERN" FAMILY COUNSELLING CENTRE TRUST (VICTIM EMPOWERMENT AND CHILD PROTECTION AND CARE)

Nonceba offer emergency temporary shelter for women and children who are victims of crime and violence in the Khayelitsha township. They provide psycho-social support services to adult victims of Gender-Based Violence (GBV), crime and trauma, psycho-social, emotional assessments, therapeutic counselling to children who are at risk. The centre creates a safe space for children with their aftercare school programme.

Basic needs and approximate budgets

Training – Staff training for Social Workers (4), Social Auxiliary Workers (2), House Mothers (4), facilitators (4). R2 700 per person twice a week. The total cost is R 37 800. Bereavement Course for the 4 Social Workers at R1 500 per person. The total cost is R 6000.

- **Skills development** - Skills development for women at the shelter who are victims of Gender-Based Violence. Sewing Machine at R4500 and over locker machine at R3600
Twenty-one women are taken to a basic sewing course, costing R3500.00 for 3 months.
The advance course is R5500 for 6 months and they plan to send 21 women per annum.
- **Material required** - fabric material and sewing kit for 21 women annually at R50 000.
- **Community Outreach** – programs on GBV, require portable sound system at R4500 and sound system for Yoga classes at R1400 once off.
- **Children's program** – educational, playing & musical material/tools/instruments for 120 children, costs R50 000

www.nonceba.org



PEBBLES PROJECT (EDUCATION)

The Pebbles Project enables children from farming communities to access quality education programmes and health, nutrition and social services. Pebbles runs Early Childhood Development (kindergarten) and After School Club centres on individual wine and fruit farms across the Western Cape. Over 1400 children directly benefit from the programmes and services daily.

Basic needs and approximate budgets

Sponsor a Child's Education at the Pebbles Academy. R38 000 for the year: Your donation will cover the cost of a child attending The Pebbles Academy near Hermanus. The donation will cover transport, qualified and trained teaching staff, well equipped classrooms, educational and recreational materials, books, stationery and equipment, branded clothing, two meals a day plus snacks, a full academic curriculum, a range of extra-curricular activities.

Sponsor a Facilitator's Training: R5000 for the year. Your donation will cover the cost of 12 training sessions for one facilitator, which includes: a qualified trainer, training materials and resources, venue hire, refreshments and transport as well as some classroom resources.

Sponsor A Child's Extra-curricular Activities for a school term (3 months) for R1000. Your donation will cover the costs of a child's extra-curricular activities for one full term. Activities include music lessons, art classes, dancing and surfing.

Sponsor a Child's Dental Treatment for R180. Your donation will provide one child with a dental screening and treatment as well as a new toothbrush and tube of toothpaste.
donation will cover the costs of a child's extra-curricular activities for one full term. Activities include music lessons, art classes, dancing and surfing.

www.pebblesproject.org



PHILISA ABAFAZI BETHU “HEAL OUR WOMEN” (WOMEN PROTECTION AND CARE)

Philisa Abafazi Bethu, “Heal our Women” in isiXhosa is a non-profit organization established in 2008 in the community of Lavender Hill, working with women and children suffering from sexual and physical abuse as well as the LGBTQI+ community.

Lucinda Evans started the organization to protect and empower abused women and children that were victims of domestic, sexual, and community violence. Philisa Abafazi offers various programmes including After School, womens support group, seniors, emergency safe house, Rene Roman search and rescue team and a volunteer programme.

It offers a youth protection program, female empowerment and support, an after-school educational program, an emergency safe house, and a search and rescue program.

Basic needs and approximate budgets

Philisa Abafazi Bethu Women Centre requires funding for its daily operations and for the success of its programmes that serve the community.

- Volunteers/ Interns who would want to provide volunteer services, to PAB Women Centre Groups are welcome.
- R3500 per GBV Client including the LGTBQIA for 14 days stay which includes Emergency pack, including food, toiletries, clothing, transport to Hospitals and court, Doctors, Phycologist and Dentist appointment.
- Funds towards Art therapy, including donations of art paint, brushes, papers, glue sticks.
- Full Set of Marimbas, and set of Jembis – Costing at R50 000
- 10 Long Board Surfboard and 15 Short Boards Surfboards
- Extension of the LGTBQIA Safehouse – Container Converted 8 Bed – R450 000
- Funding for GBV intervention programs including Transport- R15 000 monthly
- Outdoor Gym Equipment for Youth program
- Extension for our Food /Argiculture program, R450 000 for Madala Stone garden. Argiculture Students/ Inters to provide community workshops and Mentoring.

www.philisaabafazi.org



PRIDE SHELTER TRUST (LGBTQI+)

In April 2011, Africa's first formal shelter was established in providing short-term accommodation to the LGBTQI+ minority groups during crisis periods. As of 2018, the Pride Shelter Trust still provides a short-term safe accommodation to people who have been evicted from their homes or have been regarded as social outcasts from their communities as a result of their sexual orientation. As of 2021, the Pride Shelter Trust remains an active anchor for the LGBTQI+ community across provinces and is a dependable source of support in to facilitate the recovery, support and integration of LGBTQI+ individuals into their respective society.

Pride Shelter Trust, accommodates 20 Residents(18 years – 55 years) for 3 months.(Incl. Psycho-Social Support Services, 3 meals, access to cleaning facilities, access to internet,

Basic needs and approximate budgets

- Sponsor a Resident – All residents need to pay for accommodation which covers the daily running of the Shelter. In addition, it has been a challenge to source funding for the unemployed residents. It costs R2000 per resident per month. (includes 3 meals per day, cleaning facilities, access to internet/computer, monthly toiletry care packs etc)
- Utilities – Their prepaid electricity and water usage costs R15 000 per month. They have approached the City to reduce the rate, but no luck!
- Psycho-social Support Services– the main intention is not to ‘recycle’ homelessness in South Africa. Thus far, Pride Shelter has a track record of 90% of residents reintegrate back into society. It costs R35 750 per month for their Social Worker, Neuro-linguistic Therapist and Registered Counsellor to deliver quality services that empowers the resident's well-being. Pride Shelter is blessed to only pay a very small fee towards each Practitioner.

www.pridesheltertrust.org.za



QUIRKY30 (SKILLS DEVELOPMENT CODING / IT)

Quirky 30 is a Not-for-Profit Company and a Public Benefit Organisation with BEE Level 1 status, we align our work with the Framework of the UN Sustainable Development Goals for 2030.

Founded by 2 former ex-inmates as a disruptive solution for a pathway out of poverty, inequality and crime – amongst other things our coding programme is tackling the high unemployment rate – which can exceed 70% in these communities.

Youth unemployment in South Africa sits at 52.8% and is one of the highest in the world. The steady increase of the youth population is not being matched by an increase in job opportunities. There is a large discrepancy between what the youth are being taught and what employers expect them to know.

Quirky 30 NPC has developed a powerful, impactful model. We have a bold vision of turning impoverished communities and prisons from gangster-ridden crime hubs offering very few opportunities and hope into dynamic and vibrant tech hubs which can have a national and global impact.

Basic needs and approximate budgets

- Funds to assist students to travel to Quirky30 to attend classes
- Funds for computers and technical equipment
- Data for students

www.quirky30.co.za



SCHOOLS ENVIRONMENTAL EDUCATION & DEVELOPMENT (SEED) (YOUTH DEVELOPMENT – LOCAL FOOD RESILIENCE)

SEED is an award-winning Non-Profit (052-326 NPO) and Public Benefits Organization that has been implementing Permaculture projects since 2000.

The Seeding Futures programme is a piloted and proved Accredited skills program that addresses climate change and the youth unemployment crises by equipping youth to build their own resilience and connecting them to work opportunities in the local green economy.

The campus is Rocklands Abundance Centre in Mitchells Plain, which actively demonstrates the principles of local food systems and supports three local feeding schemes while teaching about the importance of diverse, resilient local food systems.

Basic needs and approximate budgets

- Training bursaries for unemployed youth: The three-month training is valued at R14 000, yet this training is subsidised and participants pay a R50 commitment fee. This cost includes training material, meals as well as certificates.
- Compost: Gardening in sand dunes needs a lot of compost. This costs R3000 per load and a spend of about R15 000 per year.
- Support to feed locals: The aim is to grow 800kg organic vegetables and 7000 naan breads for local feeding schemes. The gardener is paid R8000 per month.
- Alumni Ignite: Supports the ignition of youth-led enterprises. This costs R3000 per entrepreneur.

www.seed.org.za



SIBONGILE "BEING THANKFUL" CARE CENTRE FOR CHILDREN WITH DISABILITIES

Sibongile Day and Night Care Centre is a registered non-profit and public beneficiary organization (041-341 NPO and a PBO 930 027 189 and BBB-EE-Compliant) that was established in January 2005, aims at providing quality and loving physical, emotional and spiritual care to children with cerebral palsy (CP) and other severe disabilities in the community of Khayelitsha, Cape Town.

Sibongile currently consists of one Daycare centre in Phakamisa, Khayelitsha and three residential homes in Ilitha Park, Khayelitsha. The daycare provides care and basic education to 20 children living with different disabilities. The three residential homes consist of 38 children living with different disabilities, being taken care of 24/7. We also have 38 supporting staff. In the 38 staff we have 26 caregivers' working day and night hourly shifts and 1 Admin support, 4 professional EDC level 5 care-teachers and 2 drivers.

Basic needs and approximate budgets

Sibongile day and night care requires funding for the running cost of the organization and its daily activities for the success of its Programmes that serve the community.

- Funding towards nappies for all our residential children, cost R 8500 p/m, R 102 000 per year.
- Grocery for Both Daycare and residential, cost R 20 000p/m, R 240 000 per year
- Additional transport (Mini Bus Quantum) both residential needs eg. Hospital visits and Daycare, cost +-R 650 000
- Salaries to our dedicated caregivers R 2100 each p/m 26 *R2100 x12 = R 655 200 per year.

www.sibongile.org



SINOVUYO "WE ARE HAPPY" SENIORS (CARE FOR ELDERLY)

Sinovuyo Seniors Club was established in May 2015 by the seniors themselves. Sinovuyo translates to "We Are Happy" in isiXhosa. The vision is to provide a daycare facility for seniors of Khayelitsha; the group consists of +- 30 members aged from 60 to 94 years and two volunteer aides. The group meets every day from Monday to Friday between 9 am to 2.30 pm to help support and provide care to seniors living in the area.

The main objectives of the organization are to see the elderly members of the community happy and active. The volunteers monitor each senior citizen's health through healthcare workers, improve their well-being, and help overcome poverty through sustainable initiatives such as organic garden development led by Ludwe Qamata. The latter provides organic, fresh produce to the elderly in the Khayelitsha township.

Basic needs and approximate budgets

- 2022 Christmas voucher of R250 per senior R7 500 in total
- Monthly groceries (meat, milk, tea, coffee) R5 000 per month
- Two volunteering members at the center at cost of R1 500 per month
- Transport for taxi to get seniors to the centre R3 000 per month



SIYATHANDWE “WE ARE LOVED” SENIORS CLUB (CARE FOR ELDERLY)

Siyathandwa (“We are loved” in isiXhosa) Seniors Club is a group of 21 seniors based in Khayelitsha. The group accommodates people from 60 years of age and over and operates as a senior center where seniors do day to day activities to keep healthy. The project ensures their well-being, companionship, to aid and provide care and support to the seniors living in the area.

The main objective of the organization is to see the elderly being active and happy. The seniors are facing many challenges within township communities, least of which their very meagre government pension can be supporting up to three generations of family members.

The club works as a structure to support and assist the seniors to stay healthy, informed of their rights and provide a space for companionship and friendship.

Basic needs and approximate budgets

- Transportation costs – roughly R1 500.00 per month
- Program support – groceries for their breakfast and lunch twice a week, estimated costs R2 000 per month. Stipend for the cook/volunteer R1 500 per month.
- Essentials – gas cylinder refill 9kg, cost per month R280



SIYAZAMA “WE ARE TRYING” ORGANIC GARDEN (ORGANIC URBAN AGRICULTURE / FOOD SECURITY)

Siyazama, “We Are trying” in isiXhosa, an organic garden was established in 1997 as the first community garden in the townships of Cape Town by thirty unemployed people, mostly women. Micro-farmers manage the 10, 000m² garden. At the Young Farmers Training Center Apprenticeship Course, a small intake of young, unemployed men and women learn and experience the benefits of running micro-farming businesses.

The purpose of the garden is to empower local communities to develop organic agricultural skills and to produce food for themselves and their communities. The objectives of the garden are to promote healthy living, food security, and environmental education.

Basic needs and approximate budgets

- Website: R2 000
- Garden tools including weed eater: R5 000
- Garden inputs (seedlings, manure, compost: R15 000 per annum
- Electricity: R600 per month
- Infrastructure (shade cloth, tunnels): R9 000



STEPH'S LADLES OF LOVE (MONTHLY FEEDING SCHEME)

Steph's Ladles of Love began in September 2012 when Steph made the decision to drive into Freedom Farm, an informal settlement in Belhar (near Cape Town airport), offering to help feed the destitute community. The community has no electricity and only two water supply outlets for the entire community. Over 80% of the adult inhabitants are unemployed and many of the children are not attending pre-school or school. That is where Stephanie came in and is trying to make a difference.

Steph made the decision to prepare a healthy warm meal for the community once a month cooking for over 300 people. From 2012 to date, she has consistently delivered. She also works to improve the children's chances of success by taking them to children's shows, helping to place the children at school and provide school supplies. To make each month's feeding scheme possible, she relies on support from her family, friends, the community, and volunteers

Basic needs and approximate budgets

- The basic needs per month in order to cook a warm meal, a drink and fruit:
- 100 kilograms potatoes (R80/kgx10=R800)
- 20 kilograms frozen mixed vegetables (R24/kgx20=R480)
- 10 kilograms chicken pieces (R80/kgx10=R800)
- 20 kilograms rice (R18/kgx20=R360)
- 5 kilograms onions (R20/kgx5=R100)
- Beef/chicken stock (10 boxes at R20 per packet=R200)
- Juice and fruit (optional depending on donations) approximately R500

Total: R3 240

www.stephsladlesoflove.co.za



THE BIG ISSUE (EMPLOYMENT CREATION INITIATIVE)

The Big Issue is a non-profit organization (NGO). They produce an award-winning, high-quality monthly consumer magazine focusing on the social issues of the day and publish little issue, South Africa's only literacy & learning magazine distributed FREE and dedicated to Grade -3 learners in mainly township primary schools.

The organization creates jobs for the unemployed, vulnerable, and socially excluded adults who, through The Big Issue and Little Issue, can work for themselves by selling the magazines as independent, micro-entrepreneurs to make a living.

The Big Issue provides the following social development services to vendors

Educational support to the vendors' children. Delivering mathematics tutoring services to the children of vendors to further cement what they learn in school and to give them a space to do mathematics practice.

Home Improvements: Provide house repairs for the vendors to have decent shelter. This includes plumbing, and electrical connections, repairing leaking roofs, and general house maintenance.

Studio: The vendors learn and make different products like aprons, cushion covers, pillowcases, tablecloths, table runners, placemats, and bags which they can sell.

Casework and counselling: professional social work services and counselling to vendors on a range of matters such as family support issues, accessing social grants, HIV/Aids and substance abuse counselling, childcare, health care, or interpersonal problems. Matters that cannot be dealt with in-house are referred to more specialist organisations.

www.bigissue.org.za



THE DARLING TRUST (EDUCATION, SKILLS AND HEALTH)

The Darling Trust is a non-profit organisation based in Darling, Western Cape. Established in 2003 by Pieter-Dirk Uys and a board of dedicated Trustees.

The Trust operates with the following objectives:

- Working with the local community in identifying community needs, addressing those needs by creating and administering feasible projects, thereby facilitating skills development and employability.
- Providing early childhood development for 60+ registered Grade R learners / Evita's Darlings.
- Identifying and developing creative talent and employable skills.

Basic needs and approximate budgets:

- Art classes and youth leadership development workshops plus after-school classes for more advanced learners as part of The Darling Trust's talent scouting and development philosophy. Outings to Galleries and Heritage sites are organised for the students. End of year exhibitions of the students' artworks are held to raise awareness and showcase the students' annual body of work. Annual project expenses @ R400,000 per annum.
- Evita's Crafters programme, developing crafting skills for unemployed women of the community – currently participants are being trained on donated machinery, providing further opportunity for these women to develop their crafting skills thereby empowering them to become small business entrepreneurs. Accredited Training expenses @ R4,000 per crafter / Stipends @ R21,000 per crafter / Total per 10 participants = R250,000 per annum.
- Annual 'Talent Showcase' Production – coaching and mentoring project catering to the broader community, a total of 40 participants of all ages. The Darling! You've got Talent program promotes and enables locals to demonstrate their talent by participating in stage productions throughout the year culminating in a final annual event showcasing local skills and talent. Primary expense/need is for coaching classes/workshops @ R35,000 per annual event.

www.facebook.com/thedarlingtrust



THOKOZANI "REJOICE" TOGETHER (ECD / YOUTH DEVELOPMENT / CHOIR)

Thokozani "Rejoice" in isiXhosa Together, is a safe place for at-risk children in "Town Two" Khayelitsha Township. The founders, Mhlangabezi and Lindelwa Masizana, foster their inherent talents to educate children taking them away from roaming the streets of Khayelitsha unsupervised.

Their innovative social upliftment programs such as homework tutoring for 58 children, Iminathi Educare centre that caters for 72 children, Thokozani Youth choir and Thokozani Brothers have 25 members participating the choir singing, and entrepreneurship through Libromat programme which sees at least 8 to 15 parents per week. In helping the community, Thokozani also serves meals to the young and old, over 500 meals are shared with community each week.

Thokozani focuses on inspiring children to get to know themselves inside and out. Thokozani Together is a family brought together under harsh circumstances, triumphant through their collaborative efforts and hard work.

Basic needs and approximate budgets

- Maintenance R1500 per quarter R6000 annually
- Internet and security alarm R900 per month
- Funds for four after school programme: R800 per month
- Food for soup kitchen: R5 000 per month
- Funds for the Soccer Tournament and Music Festival: R25 000 taking place on Woman's day and R25 000 on Heritage day
- Staff training R5 000 per year

www.thokozanitogether.com



THUNARISO ORGANIC GARDEN (ORGANIC URBAN AGRICULTURE / FOOD SECURITY)

Thunariso Garden, located in Khayelitsha, was established in 2018. The organic garden promotes healthy living through growing and consuming organic vegetables, and educating people about the process of planting and growing organic vegetables. Thunariso promotes a value system built upon sustainability; respect for nature; healthy living and holistic education.

The garden's vision: Teach one, Eat one, We go green

The organic farm has 3 permanent staff and 25 interns. The garden is extremely engaged with the youth, supplying vegetables to a local pre-school and targeting local schools with educational campaigns.

Basic needs and approximate budgets

- Compost R6 000 per annum
- Seedlings and seeds R10 000 per annum
- Stipends for micro farmers and interns R57 000 per annum
- Garden requires shade cloth, sprinklers, garden tools, garden protective clothes (inclusive of boots), garden poles, hose pipes

Soup kitchen 60 Beneficiaries of soup kitchen per week:

- 60 people x R20 x 12 days per month: R14 400
- Kitchen equipment: R21 000 once off
- 2 Cookers: R3 000 per month
- Transportation: R5 000 per month



TJOMMIES YOUTH DEVELOPMENT (YOUTH DEVELOPMENT MUSIC)

Creating opportunities for the youth of Hanover Park and surrounding areas.

Tjommies "friends" Youth Development and Sporting Club is aimed at saving the youth in the gang and crime ridden community of Hanover Park, and creating opportunities for them to excel in outdoor activities. The organization consists of various projects such as the Male Youth Choir, Marching Cadets and Soccer Club.

The projects undertaken have created various opportunities for the youth, ensuring that the youngsters can excel in every aspect of their lives irrespective of their background

Basic needs and approximate budgets

- Sanitary Care Pack - Food and sanitary . Cost of food parcels for 90 families at R200 per family. R18 000.00 per month
- Sound for rehearsal – The male choir needs sound to assist and help them to continue practicing. Costs ranges from R3000 to R5000 for a music system.
- Marching Cadets – The youngsters ranging from 6 to 26+ are in need of instruments which is a Bass and Side Drum.



TRIANGLE PROJECT (LGBTQI+)

Triangle Project offers professional services to ensure the full realisation of constitutional and human rights for lesbian, gay, bisexual, transgender, queer and intersex (LGBTQI+) persons, their partners and families. Their 3 core services focus on Health & Support, Community Engagement & Empowerment, Research & Advocacy. They offer a range of services to LGBTQI+ communities, including sexual health clinical care, counselling, support groups, helpline, public education & training services, outreach, court support to survivors of hate crimes and drug programme.

Phefumla "to breath" Queer Collective (learner activism programme) is a community of high school queer learners & allies between ages 14 to 21, who use art in their advocacy messaging. The youth formed the collective to create a safe space to express themselves & voice concerns on political & other injustices within the community, using art.

Phefumla's creates platforms that allow school learners to explore & embrace creativity and work towards uniting the LGBTQIAQ+ learners, allies, parents, and the community to challenge any the hate and trauma they may experience. It also educates the community about sexual orientation, Gender Identity, Expression and Sex Characteristics and issues of discrimination.

Basic needs and approximate budgets

Costs per annum

- Travel: R38 400
- Food: R30 024 for learners
- Materials: R18 000
- Venue hire: R18 000
- Total: R104 424 per annum

www.triangle.org.za



ULWAZI "KNOWLEDGE" EDUCARE (ECD (EARLY CHILDHOOD DEVELOPMENT))

Ulwazi, "Knowledge" in isiXhosa, Educare, was opened in 1998 by founder Patiswa Patience Bangani in the community of Delft with the goal to educate, nurture and protect the children from child abuse, drugs, and fight poverty.

The Early Childhood Development Center (ECD) provides pre-school education, nurturing and care for children up to 6 years of age. Ulwazi Educare prepares the children for their educational career by following an ECD curriculum provided by Ikamva Labantu.

The pre-school was started in the home of Patiswa. In 2010 funds were raised to provide shipping containers for the classrooms, which were very basic and not conducive to quality education.

On 3 September 2022, thanks to the very kind and generous Uthando donors, Ulwazi Educare opened their brand new, sustainable school building. Built by Natural Building Collective using 1700 old car tyres, 6000 eco bricks and 2000 glass bottles, this unique and beautiful school is truly a place of creativity, education and nurturing. Quality education in quality sustainable buildings.

Basic needs and approximate budgets

- Annual insurance on the pre-school buildings: R10 000 per annum
- Monthly ADT armed response alarm: R500 per month
- School feeding scheme: R5 000 per month



UNFENCE SA

Way back in 1913 South Africa's government passed laws disallowing land ownership by people of colour on more than 80% of the country's land. The resulting loss of ownership has caused generational poverty, to the extent that South Africa is the most unequal country in the world according to the World Bank.

Unfence SA NPC is a non-profit company that redevelops underutilised buildings in poor communities in live – work – play – shop destinations, commonly owned by the community itself via a community value exchange.

Rental income is partly used to facilitate a range of programmes to transform the community. The fact that the community can own its future and pay for its own transformation is deeply empowering and turns townships into must-visit attractions.

From these youth-focused hubs the organisation incubates businesses and exports products, while building a value proposition to motivate surrounding suburbanites to spend time in marginalised communities. They do so not to offer handouts, but to shop, to use our co-working space, or participate in township experiences for which the building is a hub.

Unfence SA believes in a future where South Africans DO want to share the land and its resources. This is where they step in with tools and processes to help communities heal and become prosperous.

Basic needs and approximate budgets

- Contribute towards the R7 million (USD 350 000) cost of building and renovating an underutilised township building in Macassar
- Sponsor a business coach to incubate one local micro business at R1 200 (USD65) per month
- Sponsor a participant in a 2-day storytelling or ideation workshop at R1 200 (USD65)



UTURN

U-turn equips people with skills to overcome homelessness, journeying with them from the street to employment. People facing homelessness can access U-turn through a voucher system, to help reduce cash on the streets that fuels addiction. From the first interactions, U-turn prepares individuals for change, restoring their sense of potential and providing skills to build a future life of independence, sobriety and employment.

Basic needs and approximate budgets

Operations

Provide assistance with operational costs such as utilities, salaries, overheads, rental for properties and support service costs.

Accommodation

Provide gradated accommodation with access to a bed in a Safe Space for the night, access to a bed in a shelter for those on Phase 2 Drug and Alcohol Rehab, and a room in transitional housing for those in Phase 3 Work-Readiness.

R1500 to provide dignified accommodation for one person for one month

Service Centres

Provide basic needs like food, clothing, therapy and support services. clients begin their journey at Service Centres building the foundations for change through life skills, motivational interviewing, bible study, and group therapy.

Sponsors vouchers for a month of basic needs for R375 per person

U-turn redeems approximately 4000 vouchers a month to help homeless clients with basic needs

Sheltered Employment

Provide a stipend for those on the Phase 3 Work-Readiness programme, who access a work opportunity with on-the-job training, IT literacy training, accommodation, and life skills training at U-turn social enterprise. Sponsor monthly stipends for R2300 per homeless client. U-turn support 105 people each month on work-readiness training.

www.homeless.org.za



YOUTH IMPACT SUSTAINABLE SOLUTIONS (YISS)

YISS, is a registered NPO/PBO, established in 2015 against the backdrop of many socio-economic illnesses prevalent in many sub-economic communities including Hanover Park community. The primary focus areas are youth rescue, development and empowerment directed at producing entrepreneurs and youth who are job ready and hungry to pursue sustainable careers. They have a credible bookkeeping system, backed up with annual financial audit reports.

Their efficient staff contingent of 6, which includes their founding member plus 8 volunteers, all reside in the Hanover Park community. Therefore their collective first-hand knowledge and experiences have afforded them a clear understanding and in-depth insight into the dynamics and challenges that face their community.

YISS has to date impacted and up-skilled more than 250 disadvantaged youth across the Cape Flats metro regions. Their 40 day programs are holistic and includes theory and practical training in Hospitality and Baking, Hairdressing, Beauty and Barber, Basic Business Principles, Life Skills, Rape Crisis workshops, GBV, Career Guidance and Aftercare. The programs include daily meals, and a job tool kit, which is issued on graduation day, after successful completion of the program. YISS boasts a 70% success rate, pertaining to their student employment or entrepreneurial conversion rate. These stats are steadily impacting their efforts in reducing gangsterism, drug abuse and crime in Hanover Park region. They have success stories to back our claim. These are available on request.

Basic needs and approximate budgets

- Funding support for 10 students per quarter for 1 year @ R14 000 / student / Quarter = 40 / annum = R560 000 / annum. Students can alternately be sponsored individually at R14 000 / student.
- A once off donation to sustain volunteers over the coming Christmas period. 8 volunteers x R1 500 = R12 000



ZAMA DANCE SCHOOL (YOUTH DEVELOPMENT THROUGH DANCE)

Zama Dance School is an award-winning dance studio located in the heart of Gugulethu, Cape Town. From a small dream in 1984, the school grew until by 1989 it had become an established Trust and registered NPO. Today, Zama caters for up to 100 students annually from 6 to 17 years old. Open six days a week, students enjoy the expertise of both local and international teachers.

Zama students and graduates have proven themselves, both on the local and international stage, however, Zama is so much more than a dance studio. For many, it is a second home and safe space where dance is used as a vehicle for self-discovery and personal growth. A belief in one's ability to succeed plays a major part in making life choices. With dance, outcome is quantifiable, and learners discover that self-discipline, focus, and commitment are the steps to success.

Students spend a considerable amount of their time at Zama. They attend classes three times a week, or more when preparing for performances or exams. Learners are provided with nutritious meals through the feeding scheme and are encouraged to use the premises to do homework. In some cases, support extends to medical and dental care. Launched in 2010, Zama's feeding scheme ensures that all students receive a nutritious meal after all their classes. Sandwiches with assorted fillings or hot meals are prepared daily on the premises and are accompanied with fruit and juice or milk.

Basic needs and approximate budgets

Costumes R50 000

- This includes all Zama dance togs, ballet shoes, stage costumes and school uniforms

Feeding Scheme R290 000

- This feeds 100 students five days a week (two of which are hot meals)

Medical R10 000

Dancer Development Fund R96 000

- This supports our graduate students attending tertiary training programs

www.zamadance.com



ZANECEBO "COME WITH A PLAN" FOUNDATION (SUPPORT FOR PEOPLE WITH HIV / AIDS)

Established in 2006, Zanecebo "Come with a Plan" in isiXhosa, strives to counteract the effect of HIV/AIDS on the community. The foundation offers the following strategies to alleviate the impacts of HIV / AIDS :

- Door to Door Awareness Campaign (encourage compassion to infected and affected)
- HIV / AIDS counselling
- Home based care and visits
- Volunteer training (develop and train community, provide hope and cultivate responsibility)
- Healthy lifestyle education (fitness, diet, education around ARV's, wellness)
- Psychological support groups – adult and children
- Life skills training (self help garden projects)
- Feeding scheme (80 people from the community of Gugulethu (Tuesdays and Thursdays) as a means of mitigating the effects of poverty)
- Zanecebo is also a household name to those sharing its passion in the fight against HIV/AIDS

Basic needs and approximate budgets

- Feeding scheme (ingredients, gas, transport) R8000.00 per month
- Laptop & Wi-Fi – for project administration and communication, estimated cost for laptop R5 000 once off and Wi-Fi costs R479 per month (rain network)
- Photocopy machine & administration items –for printing purposes, estimated cost R4 500 once off and photocopying paper at +-R390 per month and cartridges +-R600 when needed
- Projector – for presentations, workshops, tutorials and entertainment (watching documentaries or movies) purposes, estimated at R8 000 once off



ZIZAMELE "JUST DO IT" EDUCARE (EARLY CHILDHOOD DEVELOPMENT)

Zizamele or, "Just do it" in isiXhosa, Educare center is an Early Childhood Development Center (ECD) located in Site C, Khayelitsha. The government does not cater for ECD (early childhood development) education or the provision of pre-school building. Over a million young children in South Africa receive no pre-school education, which is a catastrophe for the country's future. Mrs. Mama Nosebenzile Madala started Zizamele Educare in 1995.

Mama Bukeka Mandlantse, the daughter Mama Madala, started working at the ECD in 2001 and took over as principal in 2005. With the assistance of cherished partners and donors, Uthando helped transform the pre-school from 3 informal structures into a world-class educational facility. The pre-school is run by three qualified ECD teachers, and together with principal Mama Madala, provides quality pre-school education to over fifty young children. Like the other ECD centers, the school has three classes: 0 – 18 months, 3 – 4 years and 5 – 6 years.

Uthando is very proud to work with donors, friends, and benefactors to transform informal structures into world-class educational facilities. Zizamele Educare is the 4th such building and opened officially in August 2018.

Basic needs and approximate budgets

- Annual Insurance on the school building: R4 000
- Contribution to Salaries for 5 pre-school teachers: R10 000
- Maintenance on school: R10 000 per annum
- Mattresses for children: R8000 once off



SPONSOR A DURABLE CEMENT TABLE TENNIS TABLE

Uthando SA had a cement table tennis specially designed and engineered by Andre Carl van der Merwe and JVE Consulting Engineers Incorporated in 2016.

Township schools in South Africa are severely under-resourced with very few after-school activities for children. With nothing to do, children can be enticed to engage in anti-social and negative activities. Most of the township school grounds are uninteresting and devoid of anything attractive and beautiful. The Uthando Cement Table Tennis Initiative aims to provide township schools in Cape Town with a beautifully painted, highly attractive, cement table tennis table and consequently providing school children with healthy, fun and positive sporting opportunities which are physically and mentally beneficial. So far 25 tables have been installed right across the City of Cape Town metro.

NOTE: The tables are expensive, but the table is installed in stages with site visits by the cement company and engineer, then several installation stages of the actual table itself with the production of the foundation, then base and finally delivery of the table top by a truck with a crane to lower it onto the table.

Please also note that Uthando is not making 1 cent out of this initiative, we just want to see as many tables installed at as many deserving schools as possible.

Costs

A 1,2 ton table costs R39 000 fully manufactured, delivered and installed (by a civil engineer) and includes VAT.

(if the table top is delivered more than 15km from the factory, an extra R162 per km)

A set of 4 bats and 8 balls costs R350 from Sportmans Warehouse.

Uthando is not making 1 cent out of this initiative, we just want to see as many tables installed at as many deserving schools as possible.

